



*Mini Implants Post Operative instructions*

You Have had a mini implant surgery the following instructions should be followed

- 1- Sutures have been placed, do not pull your lip to look at the sutures and do not take your temporary stabilization plate out, that will severely jeopardize the outcome of your surgery by introducing infection and opening the wound. You may need to have sutures redone if the flap opens up.
- 2- Eat soft foods while the bone and the gums heal up, it is very important to know that the bone while healing around the implants start to resorb within the first 4 weeks, which will make the implants loose retention. Eating hard foods will cause mobility and may cause loss of implants
- 3- Do not smoke or drink alcohol during the healing period of implant surgery, this will also cause impaired wound healing and possible loss of the implants.
- 4- For the first two days following your surgery you will experience swelling and bruising, using ice packs 10 minutes on and 10 minutes off through out the day will decrease the swelling.
- 5- Take your medications as prescribed by your doctor
- 6- Rinse with Chlorhexidine Xpur rinse that the doctor has provided, do not take your dentures out and sleep with dentures in until you come to see your doctor, she will take them out and clean for you when it is the right time to do so
- 7- If you were given an oral sedation pill, the effect of the sedative will linger throughout the day of the surgery, do not operate a vehicle for 24 hours
- 8- Take it easy for the next couple of days no matter how good you feel, you have had a surgery and elevated heart rate due to heavy lifting / exercising might cause excessive bleeding.

Call us if you have any questions office 5196934525 in case of an emergency Dr Nehal personal cellphone will be provided